

Assistance for supporting your workforce



Now you can take support to the next level with Dedicated Workplace Support. A convenient way to connect with Emotional Wellbeing Solutions, a modern, flexible employee assistance program (EAP). Management consultations are available at your workplace to support and coach on topics such as:

- Organizational change
- Performance management
- Disruption affecting the workplace
- Identifying and assisting employees in crisis
- Helping employees manage work-life balance

A Dedicated Workplace Solutions consultant provides:

Support when you need it

Consultants provide support to help educate and coach you on workplace- and employee-related issues.

Getting you connected

Easy access to education regarding solutions and resources available to you.

Quick and easy scheduling

Click the link below or scan the QR code to register and schedule an appointment online to get a confidential management consultation in your workplace at no cost to you.

<https://eap-member.optum.com/Register/6c7179ae-d4de-4afa-a3d5-180726b4c0e8>

(Watch for an employee communication for a link to schedule a consultation for personal concerns)

24/7 availability | **Confidential** | **No cost to you**

Support for everyday life

Scan the QR code and book your management consultation appointment today.



In California, Emotional Wellbeing Solutions is known as Employee Assistance Program (EAP) and Dedicated Workplace Support is known as Onsite EAP.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and are subject to change. Coverage exclusions and limitations may apply.